Respiratory Panel Collection Method Specifications



CONTENT OF KITS

- 1. Respiratory Health Collection Sheet (this document)
- 2. Infectious Diseases Test Requisition Form
- 3. Specimen Collections Device (DTPM MTM Swabs collection kit)

COLLECTION INSTRUCTIONS

1. Using laboratory gloves, remove the sterile swab from its plastic packaging. Avoid touching the swab applicator below the molded breakpoint as this could lead to contamination and incorrect test results.

a. Collecting an Oropharyngeal Swab

- i. Have the patient sit with head tilted slightly backward.
- ii. Insert flock swab into the posterior pharynx and tonsillar areas.
- iii. Rub the swab over both tonsillar pillars and the posterior oropharynx.
- iv. Avoid touching the tongue, teeth, and gums.

b. Collecting a Nasopharyngeal Swab

- i. Have the patient sit with head tilted slightly backward.
- ii. Insert flexible nosopharyngeal swab through the nostril parallel to the palate (not upwards) until resistance is encountered or the distance is equivalent to that from the ear to the nostril of the patient indicates contact with the nasopharynx.
- iii. Gently rub and roll the swab. Leave the swab in place for several seconds to absorb secretions before removing.
- 2. Place Oropharyngeal and Nasopharyngeal Swabs immediately into a sterile vial containing DTPM MTM transporting medium. If two samples are collected from the same patient, both swabs can be placed in the same vial.
- 3. Aseptically, cut or break applicator sticks off near the tip to permit tightening of the cap.
- 4. Label the vial with the patient's first and last name, date of birth, the date and time the sample was collected, and the specimen type. Additional comments may also be added.
 - *Keep patient samples at room temperature. Do Not Freeze patient sample.
 - *Patient samples must be received at the laboratory within 72 hours of collection.

SHIPPING INSTRUCTIONS

- 1. Confirm that the information on the completed Infectious Diseases Test Requisition Form matches the swab container.
- 2. Place the swab container into the Bio-hazard Bag along with the Test Request Form
- 3. The specimen is now ready for shipment via FedEx or courier.